



**St. Lawrence**  
Catholic Church  
*Newman*  
*Center*

**Reverend Jon Vander Ploeg**

**Pastor**

612.331.7941, x1110

frjon@umncatholic.org

**Mission Statement**

*Sharing the abundant love of  
Christ as a university  
Catholic parish.*

**Mass Times**

**Sunday** 8 AM, 10 AM, 7 PM

**Monday-Friday** 12:15 PM

**Saturday** 9 AM

**Reconciliation**

Monday through Saturday  
after Daily Mass

**New Members**

We welcome you, our parishioners and visitors, to our church community of St. Lawrence-Newman. We invite you to share with us the gifts of the Holy Spirit. Your presence with us is always a blessing. If you would like to become a registered member, forms are available in the Gathering Space.

**Sixteenth Sunday  
in Ordinary Time**

**July 22, 2018**



In the Gospel Jesus invites His disciples to come away and rest with Him. How we rest is an important part of life. We can resist rest and just work, but this is really denying that we are created with a body that needs to be refreshed. It is clear in the book of Genesis that God created us to rest in Him.

It is worth reviewing in our lives “how do I rest in Him?” Many times rest can be trying to simply distract ourselves from the pain and difficulty of life. At other times it can mean diving into some pool of self-indulgence. These never leave us feeling truly rested in Him. However, we can also look at times in our lives that did truly bring rest. It might be a time spent with a person or group of people. It could be getting caught up in a good book or movie that speaks to us. Being outside in nature or seeing art is a wonderful way to rest. In this we can be drawn out of ourselves through beauty.

One way to look at true rest is with a few questions, such as, “does this rest draw me out of myself and turn me in on myself?” For example, being in nature draws us out of ourselves and gives a freedom; self indulgence turns us in on ourselves and lessens our freedom. My parents used to always tell us when we left the house, “have fun, but don’t sin.” I look back at that and see deeper wisdom than they probably knew. True rest is never found in sin, but true rest can be far more fun than any sin can ever deliver in bringing us true peace and joy. Let us ask the Lord to help us truly enjoy rest in Him.

~ Fr. Jon

## Parish Office

1203 Fifth Street SE, Minneapolis, MN 55414

**Phone** (612) 331-7941  
**Fax** (612) 379-1004  
**Social Hall** (612) 331-3437  
**E-mail** Info@umncatholic.com  
**Website** www.umncatholic.com

**Office Hours** Mon-Fri, 8:30 am-4:30 pm  
Sunday 8:30 am-Noon

## Staff

Brother Ken Apuzzo **Ext. 1020**  
Director of Campus Ministry  
broken@brohope.net

Brother Matthew Warnez **Ext. 1200**  
Campus Minister  
bromatthew@brohope.net

Joe Brough  
Music Director  
jbrough@umncatholic.org

Ruth Gangl  
Director, Children's Faith Formation  
rgangl@umncatholic.org

Katie Gearn  
Development Director **Ext. 1220**  
kgearn@umncatholic.org

Rochelle Shirk **Ext. 1010**  
Business-Development Administrator  
rshirk@umncatholic.org

Rebekah Solheim **Ext. 1000**  
Secretary  
rsolheim@umncatholic.org

## Trustees

Alice King Moormann  
amoormann@umncatholic.org

Tom Hagen  
thagen@umncatholic.org

## Mass Intentions (July 22 — July 29)

<b>Sunday</b> (7/22)	<b>8 am</b> †Patricia Klibofske <b>10 am</b> For Our Parish <b>7 pm</b> †Philomena Ogbozo
<b>Monday, July 23</b>	†Victor Hernandez
<b>Tuesday, July 24</b>	†Camille Andre
<b>Wednesday, July 25</b>	Lucas Kramer
<b>Thursday, July 26</b>	†Deacon Paul Carlson
<b>Friday, July 27</b>	Roger Huss
<b>Saturday, July 28</b>	†Sophie and †Earl Grenier
<b>Sunday</b> (7/29)	<b>8 am</b> For Our Parish <b>10 am</b> †Luzmila Hernandez <b>7 pm</b> †Thomas Polejewski



## Please Pray

 for those who are ill, and for their caregivers:

Kathleen Baron, Derek Brakob, John Carrier, Owen Chiu, Evelyn Czaia  
Sheila Daly, Connie Domino, Sonia Ellison, Evelyn Gockowski  
Bill Hafner, Denise Hafner, Lou Hammer, Richard Hanson, Lisa Harm  
Nick Heille, Lucie Johnson, Theresa Johnson, Mike McCalley  
Jeanne Mandoza, Amy Miller, Anna Mirocha, Regan Orlando  
Christine Pribula, Christina Robinson, Gordy Skinner

## Scripture Readings for the Week

<b>Monday, July 23</b>	Micah 6:1-4, 6-8	Matthew 12:38-42
<b>Tuesday, July 24</b>	Micah 7:14-15, 18-20	Matthew 12:46-50
<b>Wednesday, July 25</b>	2 Corinthians 4:7-15	Matthew 20:20-28
<b>Thursday, July 26</b>	Jeremiah 2:1-3, 7-8, 12-13	Matthew 13:10-17
<b>Friday, July 27</b>	Jeremiah 3:14-17	Matthew 13:18-23
<b>Saturday, July 28</b>	Jeremiah 7:1-11	Matthew 13:24-30
<b>Sunday, July 29</b>	2 Kings 4:42-44 Ephesians 4:1-6	Responsorial Psalm: Psalm 145:10-11, 15-16, 17-18 Gospel: John 6:1-15

## Birthdays This Week

<b>July 22</b>	Dan Gockowski
<b>July 24</b>	Margaret Bona, Karen Ferguson Bridget Gruber, Greg Ostrowski
<b>July 26</b>	Mary Goering
<b>July 28</b>	Luke Heinzen, Curtis Pribula



## On the Parish Calendar This Week

<b>Monday</b>	Volleyball, 8 pm, Gym
<b>Tuesday</b>	Gopher Catholic Night, 6:30 pm, Gathering Space

## St. Lawrence Young Adult Group

**Who:** The group welcomes all young adults — grad students, working professionals, single, dating, married, and everyone in between.

**When:** Every other Wednesday evening, 7:30-9 PM in Room B.

**Upcoming meetings:** August 1, August 15.

If you are interested in joining the group, come to one of the upcoming meetings or email Camilla (cmalowanski@gmail.com) or Kyle (gopherfan@live.com) for more information.

## Interested in Giving Online?

Visit [www.umncatholic.com/donate!](http://www.umncatholic.com/donate!) You may sign up for regular giving to St. Lawrence Parish and/or for the Living Faith Society, the monthly giving program for the campus ministry.



Abria Pregnancy Resources offers a safe, non-judgmental and supportive environment for women and couples facing an unexpected

pregnancy. Our clients experience friendship, hope and encouragement through positive and life-affirming medical and personal support services, education, and resources.

Help put a choice for life within reach! Abria seeks volunteers to join in their mission of helping women and couples facing an unexpected pregnancy. As a Resource Navigator you will be a source of connection and support for clients while you help them access the additional resources they need. Child Activity Volunteers support clients by supervising their children so they can attend parenting classes, counseling, or their medical appointments. Training is provided. For more information, call Bridget at 651-695-0111 or visit our website, [supporters.abria.org](http://supporters.abria.org).

## Interstate 35W Weekend Closures

Resurfacing of Interstate 35W between 4th St. SE in Minneapolis and Ramsey County Rd. C in Roseville begins in July and continues through August.

## Mission Appeal Last Week

The second collection we took last week for the Missionary Fraternity of Mary of Guatemala came to \$2,500.00. We thank you for your generosity.

## Women's Book Club

**Monday, August 27, 7 PM, Gathering Space**

The book for August is Delicious, by Ruth Reichl. The book club will not meet in July.

All women of the parish are invited to join the group.

## Young Adult Catholic Women

This summer Franciscan Sisters of Christian Charity offer discernment opportunities at Holy Family Convent in N.E. Wisconsin. Check out our series of 7 Retreats and Spiritual Events.

Visit <https://fscs-calledtobe.org> for information.

## Parish Library

Did you know that we have a library? It is located on the second floor in Room E, and has been well organized by a volunteer committee.



The library will be open from 8 AM until noon each Sunday. You are welcome to check books out.

## In Support of St. Vincent de Paul

St. Lawrence parishioner Bronwen Hudleston is continuing to gather clothing to donate to St. Vincent de Paul. As the weather is warm, lighter jackets and clothing are needed. Clothing is needed for adults and children. If you have items to donate, please bring them to the office.